

NEURODIVERGENT CHARACTER

CHECKLIST

Authenticity

- Is neurodiversity relevant to the story?
- Have you asked/researched the community's preferences?
- Are you avoiding outdated terminology?
- Do you have sensitivity readers in the community?

Dimensionality

- Are you showing the positive aspects of the person?
- Are you showing realistic struggles?
- Do you understand the spectrum and where your character fits?
- How are you making the character more than their diagnoses?

POV

- What role does the character play in the story?
- Are you considering how you intersect as an author?
- Have you considered how old your character was when diagnosed and the role that plays for them?

Characterization

- Have you avoided stereotypes?
- Are you reflecting coping techniques?
- Are you avoiding making your character's neurodivergence a punch line?

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